



28<sup>th</sup> AEHT ANNUAL CONFERENCE & COMPETITIONS  
5<sup>th</sup> – 10<sup>th</sup> October 2015  
Cervia, Italy



## HAUTE CUISINE COOKING COMPETITION

### Competition details

#### Objective

Prepare as a team a starter, a main course meat and a main course fish for three persons, out of an ingredients list.

#### Team & Language

##### Language

It is compulsory that English (oral and written) is the language to be used in all the competition phases: briefings, work plan (written), communication with teammate and judges during the different tasks. Minimum level of English A2 (according to EQF).

##### Teams:

Teams will consist of three students from different schools and countries and will be drawn by the jury.

It may happen that there is a team of two or four students in one of the following cases:

- The final number of candidates is pair;
- Disqualification of one of the competitors;
- Competitors last minute abandonment.

#### Day of the briefing

- Competitors briefing & announcement of the teams by the Head Judge;
- Ingredients list, recipes, kitchen equipment and the written test study plan will be published on the official AEHT website, two months prior to the competition. Changes of the ingredients published earlier could be possible due to supplying problems;
- After the announcement of the teams, each team will have 45 minutes to participate in the written knowledge test. The test consists of 20 multiple choice questions derived from the book "Larousse International". During this time external contact is prohibited;
- After the written test competitors will be allowed to familiarize themselves with the competition area;



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- Finally the teams start compiling the work plan (maximum time: one hour) for a three course menu with a Starter, a Main Course meat and a main course fish. Also an explanation about the presentation must be included. During this time external contact is prohibited;
- Research is limited to students' own textbooks and personal notes. No books will be supplied;
- As soon as the menu is completed and written on official menu templates (BOLD LETTERS) it must be submitted to the Head Judge with a brief menu description (recipe card) and the ingredients claim including quantities needed. It will then be signed by both the competitors and the Head Judge;
- The submitted menus are final and may not be modified;
- Once menus have been submitted competitors are encouraged to liaise with their tutors;

#### Day of the competition

- Total time of the practical part of the competition: 2 ½ hours.  
Timetable:
  1. The teams have 105 minutes to send in the starter
  2. Than 15 minutes more to send in the main course fish
  3. Another 15 minutes more to send in the main course of meat
  4. Than the final 15 minutes for hygiene and cleaning
- Competitors must wear their full professional uniform and safety shoes;
- All equipment will be provided for with the exception of professional knives which must be brought by each of the competitors;
- Teams will be responsible for the quality and wholesomeness of the food they process and for ensuring that the principles of HACCP are respected;
- All elements of the finished dishes must be edible.



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### Important notes

- Teams will be assessed according to their work hygiene, kitchen preparation / presentation, interpersonal skills & teamwork and blind tasting;
- During the written test on the day of the briefing, team members check whether correct communication in English within the team is possible. If there is serious doubt, the team should report this to the Head Judge immediately. Complaints about language problems will not be accepted after submission of the written test;
- The use of cell phones or any other electronic device is not allowed during the competition;
- All rules and regulations must be adhered including the General AEHT Competition Rules;
- The (Head) judge's decision is final.